



OCTOBER 2008



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Senior Dining Sit & Be Fit 11-Noon Mah Jongg 12:30	2 Quilting 10 A.M. Senior Exercise 12-1	3 Antique Appraisal Day with Keith Klinger 10:30A.M.
6 Senior Dining Rug Hooking 9 A.M. Open Bridge 12:30 Mah Jongg 12:30 Big Band 1 P.M. Simply Exercise 2:45	7 Grocery Shopping Senior Exercise 12-1 Painting 9 A.M. Crafts 1:15 Humanities 1:15	8 Senior Dining Sit & Be Fit 11-Noon Mah Jongg 12:30 Needlepoint 1 P.M.	9 Quilting 10 A.M. Senior Exercise 12-1 Blood Pressure Clinic 10-11A.M.	10 FREE FRIDAY FLICK Mad Money 12:30
13 Senior Dining Rug Hooking 9 A.M. Open Bridge 12:30 Mah Jongg 12:30 Big Band 1 P.M. Simply Exercise 2:45	14 Grocery Shopping Senior Exercise 12-1 Painting 9 A.M. Crafts 1:15 Humanities 1:15	15 Senior Dining Sit & Be Fit 11-Noon Friendship Club 11 A.M. Mah Jongg 12:30 Needlepoint 1 P.M.	16 Quilting 10 A.M. Senior Exercise 12-1	17 "Sentimental Journey's" Big Band Sound - Music & Dancing 10:30 A.M. Jewelry Class 2 P.M. (registration req)
20 Senior Dining Rug Hooking 9 A.M. Open Bridge 12:30 Mah Jongg 12:30 Big Band 1 P.M. Simply Exercise 2:45	21 Grocery Shopping Senior Exercise 12-1 Painting 9 A.M. Crafts 1:15 Humanities 1:15	22 Senior Dining Sit & Be Fit 11-Noon Mah Jongg 12:30 Needlepoint 1 P.M.	23 Quilting 10 A.M. Senior Exercise 12-1 Blood Pressure Clinic 10-11A.M.	24 FREE FRIDAY FLICK P.S. I Love You 12:30
27 Senior Dining Rug Hooking 9 A.M. Open Bridge 12:30 Mah Jongg 12:30 Big Band 1 P.M. Simply Exercise 2:45	28 Grocery Shopping Senior Exercise 12-1 Painting 9 A.M. Crafts 1:15 Humanities 1:15	29 Senior Dining Sit & Be Fit 11-Noon Mah Jongg 12:30 Needlepoint 1 P.M.	30 Quilting 10 A.M. Senior Exercise 12-1	31 FREE FRIDAY FLICK The Legend of Sleepy Hallow 12:30

